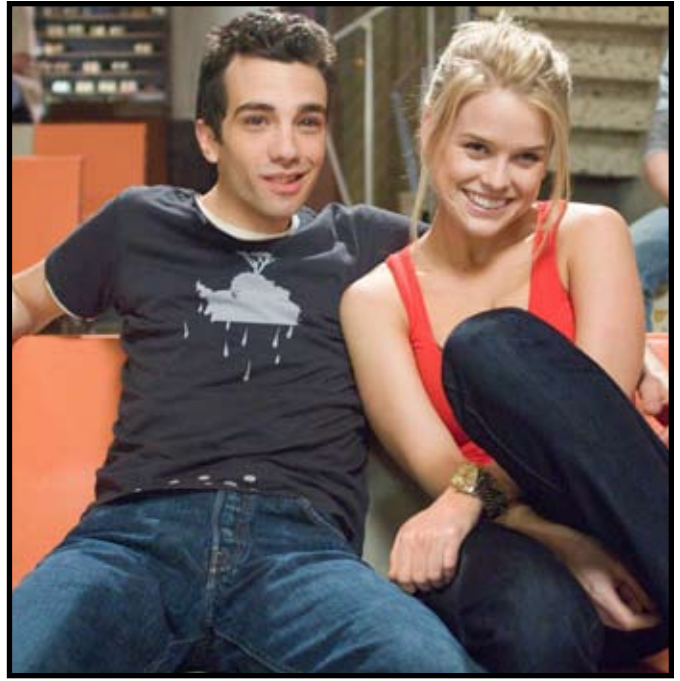


Movie Discussion Guide

SHE'S OUT OF MY LEAGUE

"How can a 10 go for a 5?"

Starring Jay Baruchel and Alice Eve, *She's Out of My League*, is the story of Kirk (Baruchel), an airport TSA worker and average Joe, who by chance meets successful and beautiful Molly (Eve). Kirk and Molly strike up a romance that no one, not their family or friends, could see coming or can understand. In his friends eyes, Molly is a "hard 10" while Kirk is a "5 or 6". To them the math just doesn't work out. During the course of the romance, Kirk's low self esteem combined with family and friends erode his confidence in his ability to sustain the relationship. After the relationship ends due to these issues, Kirk reluctantly goes back to his old life with his former girlfriend Marnie played by Lindsay Sloane. It takes Kirk's best friends, dealing with their own self esteem issues, to help Kirk realize that he is a perfect "10" and the math does work out between him and Molly.



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SHE'S OUT OF MY LEAGUE

She's Out of My League is a romantic comedy that asks serious questions about society's view of beauty, relationships and how family and friends can help or hinder each of us in our quest for the "perfect" relationship.

Programming Suggestions

This discussion guide is designed to facilitate educational programs after viewing the film SHE'S OUT OF MY LEAGUE. Its purpose is to generate discussion based on social issues found within the movie and for program participants to reflect on themes that may be pertinent to them. Therefore, there are no "right" or "wrong" answers to questions in this guide.

The discussion facilitator may choose to utilize one of the following activities as a means of developing discussion:

- Host a panel discussion to discuss self esteem and how it impacts relationships, success and confidence.
- Create a bulletin board that focuses on the society's view of beauty. Create a second bulletin board that focuses on inner beauty.
- Have a discussion related to family and friends. Discuss how family dynamics and friendships impact people and the relationships they form.
- Discuss the various "leagues" or cliques on your college campus. Discuss whether or not these groups interact and how so.

An important consideration in choosing any facilitation option is that all students have an opportunity to participate. Be aware that many of the topics addressed in the film are not often talked about in public settings. Students who attend the program may have varying degrees of comfort level with the discussion.

ISSUES

FAMILY
PERSONAL RELATIONSHIPS
LOVE
SELF ESTEEM

Discussion Questions:

- How do Kirk's and Molly's family help or hinder their relationship? Are there certain members of Kirk's family that are more supportive? If so who? Can you relate to Kirk and his family? How?
- Kirk's friend Stainer, played by T.J. Miller, plays a central role throughout the movie. How does his attitude change over the course of the movie? How does his friendship impact Kirk's ability to maintain his relationship with Molly?
- What changed with Stainer for him to see how Kirk and Molly were right for each other? Have you experienced something similar with your friends and their relationships?
- Stainer's exgirlfriend said, "You were always good enough for me; you were just never good enough for yourself." Have you ever felt that you weren't good enough or deserving enough for something/someone? How did that impact your decisions?
- Devon readily admits his love for Disney. Do you think Disney and its stories of princesses and true love set artificial standards for love? Do the Disney princess stories reinforce gender stereotypes?
- Stainer shares a private story about him and Kirk from elementary school. Can you think of a similar story from your life when a friend has helped you through an embarrassing time? Have you ever "owned" an embarrassing nickname or situation in order to protect yourself from further ridicule?
- Kirk's friends have a system of rating themselves and other people. They use this to determine if someone is good enough for someone else. Is this realistic? Does it happen in real life? Have you seen something like this on your campus?
- Devon is supportive of Kirk throughout the movie. At one point he states, "If someone really loves you, then you are a ten". What do you think of this statement? Can people see beyond their own self esteem issues to see their true value? How do friends and families play a role in this?
- Discuss Kirk's three best, but very different, friends. How did they support Kirk? Think about your friends, how are they different, how do they support you in different ways?
- Kirk's former girlfriend wants him back after seeing him with Molly. Why does she have a change of heart? Do you think their relationship would last if he stayed with Marnie?
- Have you ever been involved in a similar situation where a former boyfriend/girlfriend wants to renew the relationship after you have started a new relationship? How did you deal with this?
- Both Molly and Kirk are coming out of relationships. Do you think that this is a "rebound" romance? Have you ever been involved in such a relationship?
- Molly shares with Kirk that she has not told her parents of her change of careers. She then misleads her parents about Kirk's work. Do you think Molly is as secure as Kirk and his friends think? Do we assume that popular people don't share the self doubts that we all have?
- Have you ever misled people about your significant other because you were embarrassed about some aspect of them? How do you think this impacts your relationship?
- Molly's former boyfriend, Cam, shares with Kirk that she has a defect. Do you think Kirk was wanting to find a major fault so he would feel better about himself and his relationship?
- Do you think society likes finding fault with celebrities? What satisfaction do we get from seeing celebrities having a hard time?
- Kirk is told by Cam that Molly does not like to be called perfect. What does perfection mean to you? Does it setup unrealistic expectations for the person that is considered "perfect"?
- Do you think that there are unstated "leagues" that individuals are either part of or not? If so, what are these leagues on your campus?
- How does self esteem impact ability or performance? Talk about a time when you felt confident about doing something and compare that to a time when you were not confident, what was the difference?
- How can your family and friends support you and help you in building up your confidence and self esteem?
- Can a romantic relationship last if both people don't feel that they deserve to be in the relationship?
- When it comes to romantic relationships, what truly is important over the long term?

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